

14. Identity shifts.

Arthur Young 1905 -1995, astrologer, mathematician, engineer, delver into myths and dreams, was an American inventor and a pioneer in the evolution of consciousness. At Princeton university he realised that everything is in a process all the time and that each person's unique way of perceiving, changes the whole field of consciousness. He came to believe that the function of Science is the exploration of the human spirit so we may be capable of including the indefinable aspects of reality.

"Do not be conformed to this world but be ye transformed by the renewal of your mind." Romans 12:2.



All these shifts of human identity are within each one of us. Amazing!

The Great Mother archetype, cave dwellers, clans, tribes, hunter-gatherers, farming fences and ownership, Warrior kings with war for power, individuals claiming their human rights and the awareness of uniqueness AND Unity. Nowadays many people understand that we live on ONE spaceship named planet Earth. All of us are co creating life together, all the time, with every thought, belief and action ... within the ONE consciousness of the quantum field.

There was a man who had two wolves inside him. A fierce, snarling, greedy wolf and a kindly, nurturing, sharing wolf. Only one wolf would reign supreme.

“Which wolf was that?” asked the boy.

“The one that got fed.” replied the storyteller.

I remember that story when I’m upset. Then I breathe into my upset places.

The death of an outdated identity is a real act of heroism which requires unflinching self-discernment, an ego death and obedience to inner guidance. Intuition. Inner tuition. Innocence. Inner from the higher Self. It is a threshold which arises as a courageous act of faith, imagination, and trust in a larger and more complex reality. Wholeness is who I AM and who you are and who we are together with a common higher purpose.

I invite you to imagine intuitively some different identities you may have experienced and to have a heart of gratitude for being here now with consciousness and choice. May your gratitude journal and meditation nourish you. It’s a delight to hear of your process of unfurling True Self.

With love

Skye



‘One in the spirit.’ *Watercolour by Skye Isaac*

Humankind has evolved world views through Magic, Mythic, and Mental lenses. We are now invited to the Integral world view through consciousness, entrainment or intuition. The Integral world view serves the vitality and well-being of ALL life. **The**

Think of an apple pip. This pip is a beginning. At the same time as being the beginning stage, it also contains the encodement of the whole cycle of seedling, tree, flower, fruit and more seeds. An ending and a beginning.

