

23 Essene Communion Sunday.

*Sunday morning. The Angel of Earth.*

The purpose of the Communion was to transform the generative powers in life into the regeneration of the human body. Essenes were more able to receive, absorb, direct and master this power.

It taught the importance of the life-generating powers of the soil and of the regenerative force of sexual energy which could be transformed through the practice of this Communion.

*Sunday Noon. Peace with the Kingdom of the Earthly Mother.*

The unity of human and nature is a basic principle of the Essene science of Life. Humans are an integral part of Nature, governed by the laws of nature. Their health, vitality and well-being depend upon harmony with earth forces.

When a nation or civilisation deviates from unity it disintegrates and disappears. The present technical and mechanised life creates a chasm separating people from nature and moving our civilisation toward decline and decay.

Contemporary human fails to recognise the great law of unity and collaboration with Nature. The only foundation for a healthy humanity is peace with the Earthly Mother as a living, intelligent, sacred being. The Essenes had a profound knowledge of the body as well as the mind. They knew the two could not be separated as they form a dynamic, organic unit.



A detoxified organism and a simple, harmonious life, is more capable of receiving the higher forces. Subtle capacities enabled them to live to 120 years or more with marvellous strength, endurance and creative love. They were taught to maintain constant contact with Earth, honour it and participate in its healthy evolution.

*Sunday Evening. Creative Work.*

Everyone did creative work of some kind. This included improvement of self, the community and of all humankind. Energies, power and values from the creative works of all humankind were able to be absorbed and used.